

GROUP CLASS SCHEDULE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A.M.	7:00	●	●	●	●	●	
	9:00						●
	11:00	●	●	●	●	●	
P.M.	12:00						
	4:00	●		●		●	
	5:00	●	●	●	●		
	6:00	●	●	●	●		

● Group CrossFit Class